#### Your Zoom Hosts

Send a private chat to these folks for any technical issues

#### Ashley Allison

Rachel Greim

Abby Welter







#### Housekeeping

#### Changing your Name

Select the ellipses symbol "..." on your video square and select "Rename"

#### **Muting Yourself**

Select the ellipses symbol "..." on your video square and select "mute my audio"

Or

Click the microphone icon on the bottom left ribbon of your Zoom screen







#### No Sound?

### First, check to see if your computer speakers are muted or turned all the way down

#### If your computer speakers are not muted...

- Navigate to the bottom tool bar on your screen, go to the far left, and click the arrow next to the microphone icon. Choose "switch to phone audio"
- Pick up your telephone and dial the phone number and access code.







# This presentation is being recorded

In order to have this presentation as a resource for staff, we are recording both sessions to compile a video that can be used by your program.

All polling questions are anonymous, please answer freely as we have no way of linking you to your response.

Comments in the "Everyone" chat box may be seen during the recording.









#### Sexual Orientation/Gender Identity (SOGI)









#### Land Acknowledgement

The Oregon AETC would like to take a moment to recognize the unceded ancestral lands of the first people. We pay respects to their elders past and present. Please take a moment to consider the many legacies of violence, displacement, migration, and settlement that bring us together here today.

HIV does not discriminate. As part of ending new HIV infections, we, as a provider community, must elevate those groups who have been historically marginalized in our communities and in the response to the HIV epidemic. It is our responsibility to listen, recognize, and bring their experiences to the forefront.

#### Disclosures

I have no commercial interests to disclose.







#### Objectives:

- Differentiate sexual orientation and gender identity (SOGI)
- Identify the importance of SOGI measures and ask SOGI questions to improve health outcomes
- Utilize patient first language and pronouns to respect the diversity of lived experience in Oregon

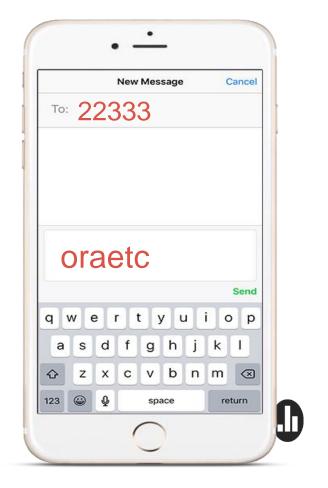






#### Poll Everywhere – Get Started Text **oraetc** to 22333















## What are you hoping to leave with today? What are your expectations?





## I feel comfortable having affirming conversations with members of the Two Spirit and LGBTQ+ community...

All of the Time

Most of the Time

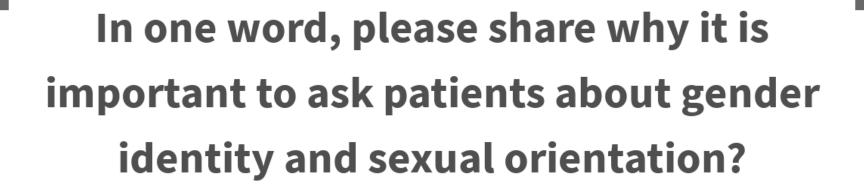
Some of the Time

Not at All









## LGBTQ+ Health Disparities

#### Lesbian, Gay, and Bisexual Health Disparities

Historically data systems have only asked about LGB identities with regards to sexual orientation. From these data...

LGB people are more likely to:

- Smoke
- Binge drink
- Have chronic conditions

LGB people are less likely to:

Engage in health care

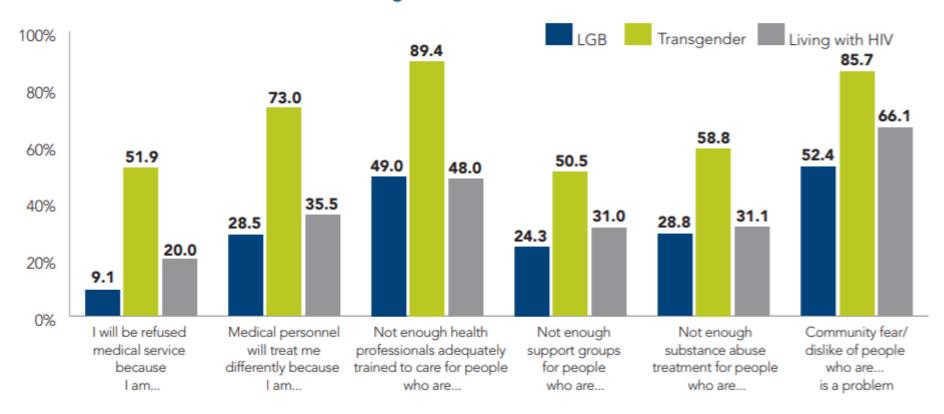
Older LGB adults report higher rates of poor mental health, physical disability, diabetes (Bisexual Men), cardiovascular disease (Lesbian and Bisexual Women), and living alone (Gay and Bisexual Men).

Garland-Forshee RY, Fiala SC, Ngo DL, Moseley K. Sexual Orientation and Sex Differences in Adult Chronic Conditions, Health Risk Factors, and Protective Health Practices, Oregon 2005 – 2008. Prev Chronic Dis 2014;11:140126. DOI: <a href="http://dx.doi.org/10.5888/pcd11.140126">http://dx.doi.org/10.5888/pcd11.140126</a>

Fredricksen-Goldsen KI, et. al. Health Disparities Among Lesbian, Gay and Bisexual Older Adults: Results from a Population-Based Study. Am Public Health, 2013 October; 103(10): 1802-1809. doi:10.2105/AJPH.2012.301110.

#### LGBTQ+ Discrimination in Healthcare

Table 6: Fears and concerns about accessing health care



WHEN HEALTH CARE ISN'T CARING





#### LGBTQ+ Discrimination in Healthcare

#### **Experienced Discrimination in Healthcare:**

- 70% of transgender or gender non-conforming patients
- 56% of lesbian, gay, or bisexual patients
- 63% of people living with HIV

<u>Types of Discrimination</u>: being refused needed care, health professionals refusing to touch patients/use excessive precautions, health professionals using harsh or abusive language, health professionals being physically rough, and being blamed for their health status

In addition to the overall rates of substandard care, respondents of color and low-income respondents in nearly every category experienced higher rates of discrimination and substandard care.

When Health Care Isn't Caring: Lambda Legal's Survey of Discrimination Against LGBT People and People with HIV (New York: Lambda Legal, 2010). Available at www.lambdalegal.org/health-care-report







#### Intersectional Identity

- A person's gender identity and sexual orientation are only a piece of how a person identifies/or is identified in society.
- Intersectionality is a theory that an individual may face multiple threats of discrimination when they have overlapping identities: race, ethnicity, sexual orientation, gender and health status.
- Intersectionality acknowledges systematic barriers and historical trauma negatively impact health.
- People with intersectional identities are
  - less likely to have a primary care provider
  - more likely to utilize urgent care/emergency settings
  - have a higher risk of acquiring HIV







#### Resiliency





- LGBT students who reported being out to peers or school staff reported
  - Higher levels of school victimization
  - Higher self esteem
  - Lower levels of depression
  - Higher levels of school belonging
- Community promotes a sense of affiliation, decreasing isolation and promoting pride

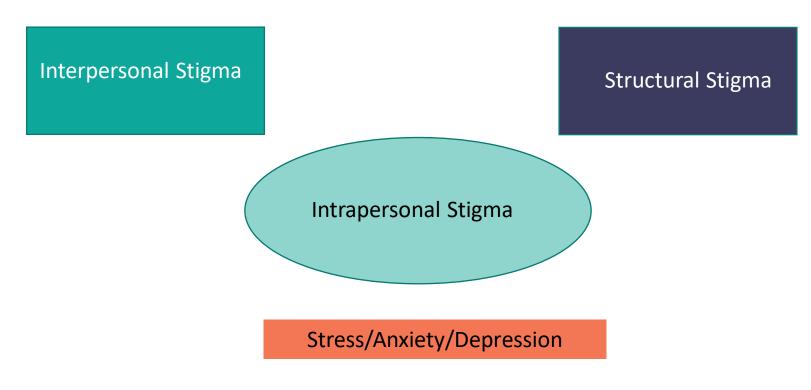
Kosciw, J. G. et. Al. (2012). The 2011 National School Climate Survey: The experiences of lesbian, gay, bisexual and transgender youth in our nation's schools. New York: GLSEN







#### HIV/LGBTQ+ Stigma and Health



Health Disparities/Inequities

Slide Courtesy: National LGBT Health Education Center, a Program of the Fenway Institute
Hatzebbuehler, ML, Link, BG Introductions to the special issue on structural stigma and health. Soc Sci Med 2014 Feb; 103:1-6 doi: 10 1016
<a href="https://www.lgbthealtheducation.org">www.lgbthealtheducation.org</a>







## Terms and Definitions

# Everyone has a sexual orientation and gender identity

Agree

Disagree



### What term below best aligns with the following definition: The gendered way that a person dresses or presents themselves.

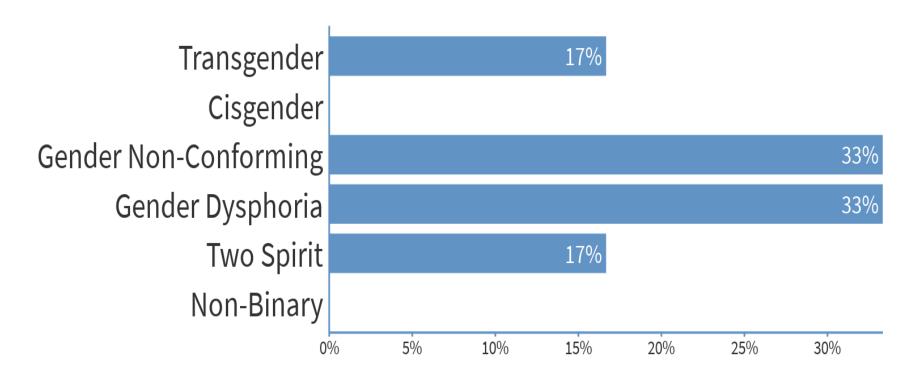
Biological Sex

> Gender Identity

Gender Expression

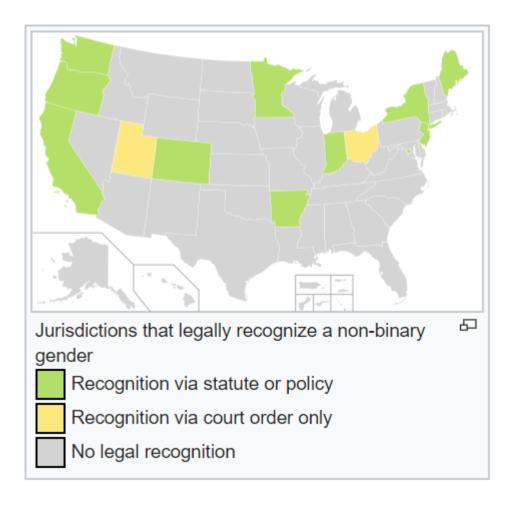
Sex Assigned At Birth

# What term below best aligns with the following definition: A term used to describe a person whose biological sex and gender identity are incongruent, or "don't match."



#### Non-Binary is a legal Gender Identity!

- On July 1, 2017 Oregon became the first state to allow a nonbinary gender option "X" on state driver's licenses
- No doctor note is required
- Not all electronic records allow for an "X" marker in the gender ID field.









## What term below best aligns with the following definition: A person who is emotionally, romantically, or sexually attracted to members of the same gender.

Bisexual

Two Spirit

Gay

Lesbian

Pansexual

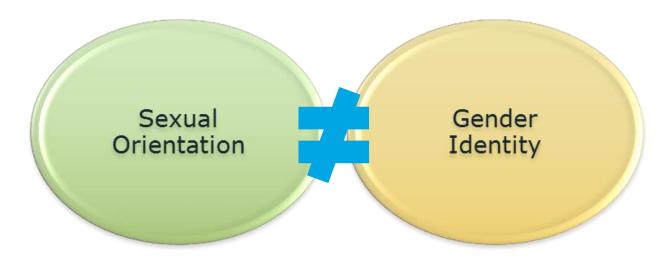
Queer

A - E

All of the Above

#### Sexual Orientation and Gender Identity

- All people have a sexual orientation and a gender identity
  - How people identify can change
  - Terminology varies
- Gender identity and sexual orientation are separate concepts



#### **Sexual Orientation**

 Sexual orientation is how a person characterizes their physical and emotional attraction to others. It has 3 dimensions:

#### **Identity**

Do you consider yourself gay, lesbian, bisexual, straight, queer, something else?

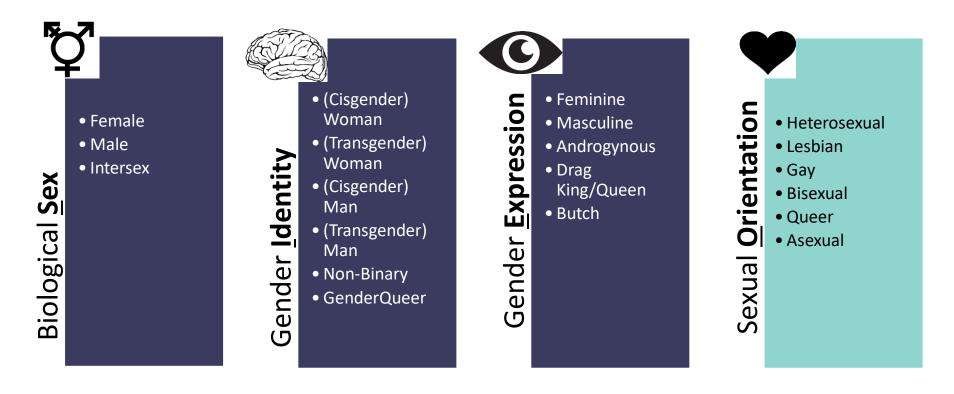
#### **Behavior**

What gender(s) do you have sex with?

#### **Attraction**

What gender(s) are you attracted to?

## The SIEO Model Sex, Identity, Expression, Orientation



\*\*\*This is not an exhaustive list, many additional identity labels exist\*\*\*







#### Two Spirit

- Two Spirit is a term in the English Language that attempts to incorporate and honor the hundreds of ancient, respectful, Native Language terms that were used for thousands of years within our communities, our cultures, and our ceremonial life.
- Two Spirit indicates an ability to see the world from both male and female perspectives and to bridge the world of male and female.
- Since the time of contact with Europeans, our Two Spirit people and our societal beliefs surrounding Two Spirit roles and contributions to our communities have been marginalized and stigmatized, resulting in marginalized individuals and groups of people within our families and tribal communities.

Robert Kentta, Siletz Tribal Member Cultural Resources Director, and Tribal Council Member, Gitauk-uahi (Two Spirit)

Tribal Equity Toolkit: Resolutions and Codes to Support Two Spirit & LGBT Justice in Indian Country: A collaboration of the Native American Program of Legal Aid Services of Oregon, the Indigenous Ways of Knowing Program at Lewis & Clark Graduate School of Education and Counseling, the Western States Center, the Pride Foundation, and Basic Rights Oregon







#### Latinx

The letter "x," instead of an "o" makes Latino, a masculine identifier, gender-neutral. It also moves beyond Latin@ - which has been used in the past to include both masculine and feminine identities — to encompass genders outside of that limiting man-women binary.

More recently Latine has been used as a gender-neutral identifier as Spanish more easily conjugates with an "e." For example, Latines instead of Latinos for a mixed gender group of people.

National LGBT Health Education Center A Program of the Fenway Institute www.lgbthealtheducation.org







#### **LGBT Glossary**

- To download a glossary that defines other LGBT terms, click <u>here</u> or go to:
- http://www.lgbthealtheducation.org/wpcontent/uploads/LGBT-Glossary\_March2016.pdf



#### Glossary of LGBT Terms for Health Care Teams

As a provider in a health center or other health care organization, becoming familiar with terms used by lesbian, gay, bisexual, transgender (LGBT) communities can help you provide these patients with the highest quality care. In this glossary, you will find some of the terms most relevant to the health care of LGBT people. When reading this glossary, here are a few things to keep in mind: 1) Definitions vary across communities; not all of your LGBT patients will agree with all of these definitions; 2) There are many terms not included on this list; we tried to keep the list as concise and relevant to health care providers as possible; 3) Terms and definitions change frequently; we will try to update this list to keep up with changing language. If you have a suggestion, please email us at lighthealtheducation@fenwayhealth.org.

Agender (adj.) - Describes a person who identifies as having no gender.

Ally (noun) - A person who supports and stands up for the rights of LGBT people.

**Aromantic** (adj.) – An orientation that describes a person who experiences little or no romantic attraction to others and/or a lack of interest in forming romantic relationships.

Asexual (adj.) – Describes a person who experiences little or no sexual attraction to others. Asexuality is not the same as celibacy.

Assigned sex at birth (noun) — The sex (male or female) assigned to a child at birth, most often based on the child's external anatomy. Also referred to as birth sex, natal sex, biological sex, or sex

Bigender (adj.) - Describes a person whose gender identity is a combination of two genders.

Binding (verb) – The process of tightly wrapping one's chest in order to minimize the appearance of having breasts. This is achieved through use of constrictive materials such as cloth strips, elastic or non-elastic bandages, or specially designed undergarments.

**Biphobia** (noun) – The fear of, discrimination against, or hatred of bisexual people or those who are perceived as such.

Bisexual (adj.) – A sexual orientation that describes a person who is emotionally and sexually attracted to people of their own gender and people of other genders.

Bottom surgery (noun) - Colloquial way of describing gender affirming genital surgery.

Page 1 of 7





## Ending LGBTQ Invisibility in Health Care

- Has a clinician ever asked you about your history of sexual health, your sexual orientation or your gender identity?
- How often do you talk with your patients about their sexual history, sexual orientation, or gender identity?









## Collecting Sexual Orientation/Gender Identity (SOGI) Elements

- Healthy People 2020
- 2011: Institute of Medicine (IOM) release <u>The Health of Lesbian, Gay, Bisexual, and Transgender People: Building a Foundation for Better Understanding</u>. This historic report will guide the National Institutes of Health (NIH) as they design and fund research projects aimed at documenting and addressing LGBT health disparities.
- 2011: Joint Commission release <u>Advancing Effective Communication</u>, <u>Cultural Competence</u>, and <u>Patient- and Family-Centered Care for the Lesbian</u>, <u>Gay</u>, <u>Bisexual</u>, <u>and Transgender (LGBT) Community</u>
- 2016: Health Center Program grantees and look-alikes are be asked in Uniform Data System (UDS) to report on SOGI data elements







#### UDS Report of Gender

- Table 3B: Demographic Characteristics
- Health centers are to report sexual orientation and gender identity information about the population served

Line	Patients by Sexual Orientation	Number (a)
13.	Lesbian or Gay	
14.	Straight (not lesbian or gay)	
15.	Bisexual	
16.	Something else	
17.	Don't know	
18.	Choose not to disclose	
19.	Total Patients (sum lines 13 to 18)	

Line	Patients by Gender Identity	Number (a)
20.	Male	
21.	Female	
22.	Transgender Male/ Female-to-Male	
23.	Transgender Female/ Male-to-Female	
24.	Other	
25.	Choose not to disclose	
26.	Total Patients (sum lines 20 to 25)	

Slide adapted from JaDawn Wright, Mazdak Mazarei, PAETC







Race	Language	Disability		SOGI	
xual Orientation and Gender Identity		Note: SOGI questions are related to a Case.			
What first and last name do you want to use?		This person has 3 cases. Be sure to scroll to the correct case.  Case 60000047 Created 8/9/2020 Gender Sex M			
What pronouns do you	use? (Check all that apply)	Are you transgender?			
☐ He/Him ☐ Not lis ☐ They/Them ☐ Don't ☐ Ella ☐ I don't	onouns, use my name ted, Please Specify know know what this question is asking want to answer	☐ Yes ☐ No ☐ Not listed, Please Spe ☐ Don't know ☐ I don't know what this ☐ I don't want to answer	question is asking		
How do you describe yo	ur gender?	How do you describe yo	our sexual orientat	ion or sexual identity?	
		How do you describe your			
How do you describe you What is your gender? (C	Check all that apply)	What is your sexual original	entation or sexual i	ion or sexual identity?	
What is your gender? (C			entation or sexual i		
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orio	entation or sexual i	identity? (Check all that apply	
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orion  Same-Gender Loving Lesbian	entation or sexual i	identity? (Check all that apply	
What is your gender? (C	Check all that apply)  Questioning  Not listed, Please Specify  Don't know	What is your sexual orion  Same-Gender Loving Lesbian Gay	Queer Questioning Not listed, Pleas	identity? (Check all that apply	





### SOGI Data Importance

- If you are not counted, you are discounted
- Data collection allows us to tell the LGBT story
- Creates safe spaces and affirms the LGBT Community
- Identifies disparities
- Secures funding
- Informs public policies and laws
- Evaluation
- Ethical Responsibility and Legal Compliance
- Gender Identity questions can be asked as early as age 3

Slides adapted from JaDawn Wright, Mazdak Mazarei, PAETC







Key Points to Remember when Talking with LGBTQ+ People

### **Using Names and Pronouns**

- Registration forms should have a space for patients to enter their preferred name and pronouns
- This information should also be included in medical records
- A patient's pronouns and preferred name should be used consistently by all staff

## **Using Names and Pronouns**

Subjective	Objective	Possessive
She	Her	Hers
He	Him	His
They	Them	Theirs
Ze	Zim	Zirs
Sie/Zie	Hir	Hirs



### **Using Names and Pronouns**

- If you are unsure about a patient's preferred name or pronouns:
  - "I would like be respectful—what name and pronouns would you like me to use?"
- If a patient's name doesn't match insurance or medical records:
  - "Could your chart/insurance be under a different name?"
  - "What is the name on your insurance?"
- If you accidentally use the wrong term or pronoun:
  - "I'm sorry. I didn't mean to be disrespectful."

## **Using Identity Terms**

- It is important to listen to, understand, and mirror the terms that patients use to describe themselves
- Keep in mind that some people do not like to use any terms to describe their sexual orientation or gender identity

# Affirming Terminology

Instead of Saying This	Say THIS:
"real" sex, "real" gender, genital sex	sex assigned at birth
A transgender	transgender person, or, person who is transgender
transgenders	transgender people, or people who are transgender
sex change, The Surgery, transgendering, pre- operative, post-operative	medical transition
MTF/FTM	transgender woman, transgender man
hermaphrodite	Intersex person, or, person who is intersex
sexual preference, homosexual	sexual orientation

www.teachingtransgender.com: The Teaching Transgender Toolkit







## **Avoiding Assumptions**

- A key principle of effective communication is to avoid making assumptions:
  - <u>Don't assume</u> you know a person's gender identity or sexual orientation based on how they look or sound
  - <u>Don't assume</u> you know how a person wants to describe themselves or their partners
  - <u>Don't assume</u> all of your patients are heterosexual and cisgender (not transgender)

### Things to remember...

- Living as one's authentic self is important to well being
- There are 3 SOGI questions: sex assigned at birth, gender, and sexual orientation
- When something is asked in a routine way, people are more likely to respond
- Don't make assumptions, always ask with respect
- Make sure questions are asked in the same way they are recorded in your database, and that you only ask what you need to know to improve patient care
- Remember that people may not want SOGI information recorded
- The goal is to use data to improve health outcomes for all Oregonians







# I feel comfortable having affirming conversations with members of the LGBTQ+ community...

All of the time

Most of the time

Sometimes

Not at all

# What further support do you need to ask SOGI questions routinely in the course of your job?



# Breakout Session

### **Breakout Rooms**

You have been randomly assigned to a breakout out room, which will be launched shortly.

### **Process**

Breakout room facilitators have a script to answer SOGI questions as they are asked by participants using the REALD screenshot for reference.

Following each scenario, facilitators will debrief with the group and offer sample language to address common responses.







Race	Language	Disability		SOGI
cual Orientation and	Gender Identity	Note: SOGI questions are related to a Case.		
What first and last name	do you want to use?	This person has 3 ca Case 60000047	Created 8/9/2020	Croll to the correct case.  Gender Sex M
What pronouns do you	use? (Check all that apply)	Are you transgender?		
☐ He/Him ☐ Not lis ☐ They/Them ☐ Don't ☐ Ella ☐ I don't	onouns, use my name ted, Please Specify know know what this question is asking want to answer	☐ Yes ☐ No ☐ Not listed, Please Spe ☐ Don't know ☐ I don't know what this ☐ I don't want to answer	question is asking	
How do you describe yo	ur gender?	How do you describe yo	our sexual orientat	ion or sexual identity?
		How do you describe you		
How do you describe you What is your gender? (C	Check all that apply)	What is your sexual orie	entation or sexual i	ion or sexual identity?
What is your gender? (C			entation or sexual i	
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C  Woman or Girl  Man or Boy  Agender or No Gender	Check all that apply)  Questioning  Not listed, Please Specify  Don't know	What is your sexual orie	Queer Questioning Not listed, Pleas	identity? (Check all that apply







Race	Language	Disability		SOGI
cual Orientation and	Gender Identity	Note: SOGI questions are related to a Case.		
What first and last name	do you want to use?	This person has 3 ca Case 60000047	Created 8/9/2020	Croll to the correct case.  Gender Sex M
What pronouns do you	use? (Check all that apply)	Are you transgender?		
☐ He/Him ☐ Not lis ☐ They/Them ☐ Don't ☐ Ella ☐ I don't	onouns, use my name ted, Please Specify know know what this question is asking want to answer	☐ Yes ☐ No ☐ Not listed, Please Spe ☐ Don't know ☐ I don't know what this ☐ I don't want to answer	question is asking	
How do you describe yo	ur gender?	How do you describe yo	our sexual orientat	ion or sexual identity?
		How do you describe you		
How do you describe you What is your gender? (C	Check all that apply)	What is your sexual orie	entation or sexual i	ion or sexual identity?
What is your gender? (C			entation or sexual i	
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C  Woman or Girl  Man or Boy  Agender or No Gender	Check all that apply)  Questioning  Not listed, Please Specify  Don't know	What is your sexual orie	Queer Questioning Not listed, Pleas	identity? (Check all that apply





## Debrief: Why are you asking?

What did the person do well?

Are there any other ideas of how you would respond to this type of reaction?

### **Suggested Response**

People of different sexual orientations and gender identities may have different health care needs. By collecting this information, we can make sure to provide you with the best care. We can also identify patterns and work to reduce health risks by making sure that everyone gets high quality health care.

### **Rationale**

People may not understand why the information is being collected. The suggested response may help them understand how the data will be used to improve quality of care overall.









Race	Language	Disability		SOGI
cual Orientation and	Gender Identity	Note: SOGI questions are related to a Case.		
What first and last name	do you want to use?	This person has 3 ca Case 60000047	Created 8/9/2020	Croll to the correct case.  Gender Sex M
What pronouns do you	use? (Check all that apply)	Are you transgender?		
☐ He/Him ☐ Not lis ☐ They/Them ☐ Don't ☐ Ella ☐ I don't	onouns, use my name ted, Please Specify know know what this question is asking want to answer	☐ Yes ☐ No ☐ Not listed, Please Spe ☐ Don't know ☐ I don't know what this ☐ I don't want to answer	question is asking	
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How do you describe you What is your gender? (C	Check all that apply)	What is your sexual orie	entation or sexual i	ion or sexual identity?
What is your gender? (C			entation or sexual i	
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C  Woman or Girl  Man or Boy  Agender or No Gender	Check all that apply)  Questioning  Not listed, Please Specify  Don't know	What is your sexual orie	Queer Questioning Not listed, Pleas	identity? (Check all that apply





### Debrief: Declined

What did the person do well?

Are there any other ideas of how you would respond to this type of reaction?

Suggested Response	Rationale
It is perfectly alright if you do not want to answer some or all of the questions. However, this information does help our hospital provide better care to our patients. Regardless of whether you answer these questions, we will provide you with quality care.	The person might not want to respond now. Until they are comfortable, stay calm and code them as "declined."









Race	Language	Disability		SOGI
cual Orientation and	Gender Identity	Note: SOGI questions are related to a Case.		
What first and last name	do you want to use?	This person has 3 ca Case 60000047	Created 8/9/2020	Croll to the correct case.  Gender Sex M
What pronouns do you	use? (Check all that apply)	Are you transgender?		
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How do you describe you What is your gender? (C	Check all that apply)	What is your sexual orie	entation or sexual i	ion or sexual identity?
What is your gender? (C			entation or sexual i	
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C  Woman or Girl  Man or Boy  Agender or No Gender	Check all that apply)  Questioning  Not listed, Please Specify  Don't know	What is your sexual orie	Queer Questioning Not listed, Pleas	identity? (Check all that apply





## Debrief: Privacy

What did the person do well?

Are there any other ideas of how you would respond to this type of reaction?

# By providing us with information on your sexual orientation and gender identity, you are helping us to provide better services and programs in Oregon to respond to the current epidemic. For example, with this information, we can offer effective programs that can improve health. People may have fears about their information being used to target them in some way. The suggested response may help ease their mind.









Race	Language	Disability		SOGI
cual Orientation and	Gender Identity	Note: SOGI questions are related to a Case.		
What first and last name	do you want to use?	This person has 3 ca Case 60000047	Created 8/9/2020	Croll to the correct case.  Gender Sex M
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What is your gender? (C			entation or sexual i	
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C  Woman or Girl  Man or Boy  Agender or No Gender	Check all that apply)  Questioning  Not listed, Please Specify  Don't know	What is your sexual orie	Queer Questioning Not listed, Pleas	identity? (Check all that apply





### Debrief: Don't Understand the Questions

What did the person do well?

Are there any other ideas of how you would respond to this type of reaction?

Participant Comment	<b>Suggested Response</b>	Rationale
I don't understand. What is the difference between gender identity and sex on my birth certificate?	We ask both because gender identity may be different than what is on your birth certificate. Gender identity is how you understand yourself and what you call yourself – it can be male, female, or something else. One's gender identity can be the same or different from their sex at birth.	Patients may need more information about terminology in order to understand what is being asked.
I don't understand. What do you mean by pronoun?	Pronouns are about how you want people to refer to you. For example, I go by pronouns like she/her. Some people use they/them, he/his, or something else. Do you have any specific pronouns you use?	Patients may need more information about terminology in order to understand what is being asked.



Race	Language	Disability		SOGI
cual Orientation and	Gender Identity	Note: SOGI questions are related to a Case.		
What first and last name	do you want to use?	This person has 3 ca Case 60000047	Created 8/9/2020	Croll to the correct case.  Gender Sex M
What pronouns do you	use? (Check all that apply)	Are you transgender?		
☐ He/Him ☐ Not lis ☐ They/Them ☐ Don't ☐ Ella ☐ I don't	onouns, use my name ted, Please Specify know know what this question is asking want to answer	☐ Yes ☐ No ☐ Not listed, Please Spe ☐ Don't know ☐ I don't know what this ☐ I don't want to answer	question is asking	
How do you describe yo	ur gender?	How do you describe yo	our sexual orientat	ion or sexual identity?
		How do you describe you		
How do you describe you What is your gender? (C	Check all that apply)	What is your sexual orie	entation or sexual i	ion or sexual identity?
What is your gender? (C			entation or sexual i	
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C	Check all that apply)  ☐ Questioning ☐ Not listed, Please Specify	What is your sexual orie	entation or sexual i	identity? (Check all that apply
What is your gender? (C  Woman or Girl  Man or Boy  Agender or No Gender	Check all that apply)  Questioning  Not listed, Please Specify  Don't know	What is your sexual orie	Queer Questioning Not listed, Pleas	identity? (Check all that apply





# Debrief: Why do you need to know my sexual orientation?

What did the person do well?

Are there any other ideas of how you would respond to this type of reaction?

Participant Comment	Suggested Response	Rationale
Why do you need to know my sexual orientation?	By collecting this information, you are helping us to provide better services and programs to our patients. The information can help us identify patterns, and work to reduce risks by making sure that everyone gets high quality health care. Regardless of whether you answer these questions, we will provide you with quality care.	Patients may not understand why the information is being collected. The suggested response may help them understand how the data will be used to improve quality of care overall.
I am offended by these questions. This is none of your business.	I understand, and it is not my intention to offend you at all. We ask all of our patients, but it is perfectly alright if you do not want to answer some or all of the questions. Regardless of whether you answer these questions, we will provide you with quality care. This information does help our hospital/clinic provide better care to our patients. Anything you do share with us is private and confidential.	Patients may find these questions intrusive or too personal. Patients may have fears about their information being used to target them in some way. The suggested response may help ease their mind.

# Final Thoughts

### Remember

Reflect language used by the contact

Center your response on improving health in Oregon

### **Next Steps**

Try it out, check in with your team, and PRACTICE!







# I feel comfortable having affirming conversations with members of the LGBTQ+ community...

All of the time

Most of the time

Sometimes

Not at all







# What further support do you need to ask SOGI questions routinely in the course of your job?







### LGBTQ Health Resources for Providers

Centers for Disease Control and Prevention: <a href="http://www.cdc.gov/lgbthealth/">http://www.cdc.gov/lgbthealth/</a> Information for patients and providers regarding statistics and health guidelines.

Gay and Lesbian Medical Association: <a href="http://www.glma.org/">http://www.glma.org/</a>
Professional organization for healthcare providers, hosts LGBT health conferences annually.

World Professional Association for Transgender Health: <a href="http://www.wpath.org/">http://www.wpath.org/</a> Professional organization publishes guidelines & standards for care of transgender patients, hosts annual conferences.

Fenway Institute: <a href="http://thefenwayinstitute.org/">http://thefenwayinstitute.org/</a> & National LGBT Health Education Center: <a href="http://www.lgbthealtheducation.org">http://www.lgbthealtheducation.org</a>

Research & training for LGBT competent care, provides training modules, downloadable printouts.

UCSF Center of Excellence for Transgender Health: <a href="http://transhealth.ucsf.edu/">http://transhealth.ucsf.edu/</a>
Educational topics and guidelines for providers on affirming care for transgender patients.







### LGBTQ Health Providers

**Queer Healthcare Accountability Coalition (QuHAC):** 

https://quhac.gaycity.org

Local LGBTQ-friendly provider database.

**GLMA Provider Directory**: <a href="www.glma.org">www.glma.org</a>, click on "Find a Provider" Nationwide LGBTQ-friendly provider directory.

Oregon PrEP Directory: <a href="https://www.oraetc.org/prep-provider-list">https://www.oraetc.org/prep-provider-list</a>

PrEP Locator Directory: <a href="https://preplocator.org">https://preplocator.org</a>

National database of US PrEP Providers.







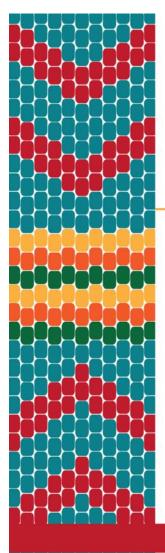
# EDUCATION CENTER

### A PROGRAM OF THE FENWAY INSTITUTE



☐ Igbthealtheducation@fenwayhealth.org www.lgbthealtheducation.org





# Celebrating Our Magic:

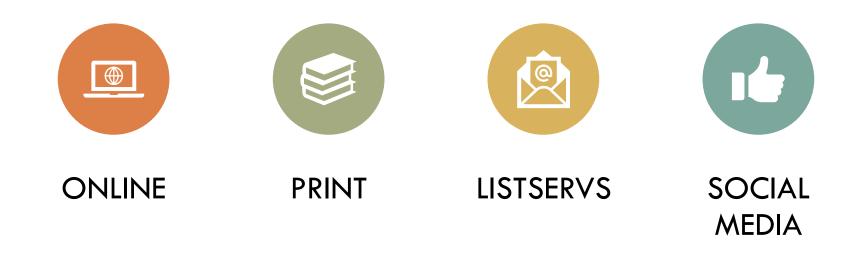
Resources for American
Indian/Alaska Native
transgender and TwoSpirit youth, their relatives
and families, and their
healthcare providers

### Specific aims:

- 1) Deliver culturallygrounded resources to
  youth exploring their
  gender identity and/or
  choosing to medically
  transition
- 2) Provide resources and support for **families**
- 3) Increase health
  provider awareness of
  aspects unique to
  AI/AN transgender
  and Two-Spirit youth



### How can we access the Toolkit?



# Questions?

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