



800 NE Oregon Street Portland, Oregon 97232

Memorandum

To: Oregon emergency department and urgent care providers

From: Tim W Menza, MD, PhD

Date: July 31, 2023

Subject: HIV post-exposure prophylaxis

The HIV/STD/TB Section of the Oregon Health Authority (OHA) recommends the use of Post-Exposure Prophylaxis (PEP) for patients who believe they have been exposed to HIV within the past 72 hours. Antiretroviral therapy has been used as PEP for occupational HIV exposures, and the Centers for Disease Control and Prevention 2005 guidelines expanded its use to include non-occupational exposures (<u>updated in 2016</u>). PEP is considered the **standard of care** for patients who believe they may have been exposed to HIV and should be considered a **medical emergency**.

Exposures that place patients at highest risk of HIV acquisition include, but are not limited to:

- Condomless anal or vaginal intercourse with someone of unknown HIV status or with someone who is living with and whose infection is not known to be controlled
- Sexual assault
- Sharing of injection materials with a partner who is known or suspected to be living with HIV

The recommended regimen for PEP is the combination of tenofovir/emtricitabine 200/300 mg PO daily **plus** either dolutegravir 50 mg PO daily OR raltegravir 400 mg PO BID for 28 days. Due to twice-daily dosing of raltegravir, dolutegravir is preferred. While not part of the CDC PEP guidelines, tenofovir alafenamide/emtricitabine/bictegravir 25/200/25 mg PO daily for 28 days has also been studied for PEP. It is a single tablet regimen that is well-tolerated with greater completion rates compared to historical PEP regimens. Thus, tenofovir alafenamide/emtricitabine/bictegravir is a reasonable option for PEP.

PEP is **time-sensitive** and studies have shown that its effectiveness decreases from the time of exposure to the point where it is no longer thought to be effective at 72 hours. Similar to "door-to-balloon time" for a patient undergoing percutaneous intervention for a myocardial infarction, starting PEP as soon as possible can be the difference between a patient remaining HIV-negative or acquiring HIV. OHA recommends giving a patient a full dose as soon as they arrive at your clinic or emergency room and providing as many doses as possible as a starter pack before they leave your care.

For guidance on prescribing PEP, go to https://aidsetc.org/resource/npep-toolkit to access the nPEP Pocket Guide for
Providers under Toolkit Materials or search for "post-exposure prophylaxis" on uptodate.com. For clinical questions, call the

UCSF Clinician Consultation Center at 1-888-448- 4911 between 6:00am – 9:00pm PT or consult an Infectious Disease specialist. For after-hours consultation, call the OHA Epi On-Call at 971-673-1111 to speak with a public health physician.

If your patient is an Oregon Health Plan member and there is a prior authorization for PEP, please call the Pharmacy Benefit Manager for the patient's Coordinated Care Organization to request expedited dispensing of a 28-day supply of PEP. The list of Pharmacy Benefit Managers can be found here. We have also included this list at the end of this letter. Per ORS 410-121-0060, in the event of Emergency Need: The Pharmacist may request an emergent or urgent dispensing from the Pharmacy Benefits Manager (PBM) when the client is eligible for covered fee-for-service drug prescriptions.

Financial support programs to cover the cost of PEP can be found by visiting https://aidsetc.org/resource/npep-toolkit and viewing the Medication Assistance Program Quick Guide under Resources. The following organizations also have staff on hand to help patients access financial assistance and advocacy resources during business hours:

STI/HIV Outreach Workers Serving Oregon and SW Washington

Cascade AIDS Project



Portland: 503-223-5907 Vancouver: 360-750-7964 Longview: 360-986-3590 prep@capnw.org capnw.org/prep

STI/HIV outreach workers serving SW Washington State and Clackamas, Columbia, Multnomah, Washington, and Yamhill Counties in Oregon

HIV Alliance



Main Office: 541-342-5088 prevention@allianceor.org hivalliance.org/prevent/prevention-meds/

STI/HIV outreach workers serving Benton, Clatsop, Coos, Crook, Curry, Deschutes, Douglas, Jackson, Jefferson, Josephine, Klamath, Lake, Lane, Lincoln, Linn, Marion, Polk, and Tillamook Counties

Eastern Oregon Center for Independent Living



Pendleton: 541-276-1037
Ontario: 541-889-3119
Burns: 541-370-2810
The Dalles: 541-370-2810
La Grande: 541-709-6141
eocil@eocil.org | eocil.org

STI/HIV outreach workers serving Baker, Gilliam, Grant, Harney, Hood River, Malheur, Morrow, Sherman, Umatilla, Union, Wallowa, Wasco, and Wheeler Counties

Sincerely,

Tim W. Menza, MD, PhD

Menza

Medical Director

HIV/STD/TB Section

Oregon Medicaid Pharmacy Quick Reference (effective January 1, 2023; updated April 4, 2023)

When in doubt, refer to the Pharmaceutical Services provider guidelines at www.oregon.gov/OHA/hsd/ohp/pages/policy-pharmacy.aspx

Bill Medicaid last for all services except for Vaccines for Children administrations.

Bill diabetic supplies (such as test strips) point of sale. For accepted National Drug Codes and limitations, see www.oregon.gov/oha/HSD/OHP/Pages/Policy-DME.aspx.

- Bill Oregon Health Authority (OHA) for carve-out drugs for coordinated care
 organization (CCO) members, drugs for fee-for-service (FFS or "open card") members,
 drugs not covered by Medicare Part D, and drugs not included in the long-term care
 facility's bundled rate.
- Bill Moda Health for dental prescriptions for members with OHP Dental (COFA Dental
 or Veteran Dental) benefits.
- Bill the CCO for all drugs, minus the carve-out drugs, for other CCO members.

Point of sale reversal limits:

After these limits expire, adjust paid claims and rebill denied claims on paper.

B1: 366 days from date of service or denial B2/B3: 366 days from date of service

Point of sale and Pharmacy Benefit Manager (PBM) information

Plan	PBM Phone	BIN	PCN	Group
OHA (Fee-for-Service or "Open Card")	888-202-2126	014203	ORDHSFFS	
Advanced Health	800-788-2949	003585	38900	
AllCare	800-788-2949	003585	38060	
Cascade Health Alliance	800-788-2949	003585	38960	
Columbia Pacific CCO	866-843-5126	610011	IRX	CORMCAID
Eastern Oregon CCO	844-268-9789	610602	MCD	10009552
Health Share of Oregon - CareOregon	866-843-5126	610011	IRX	CORMCAID
Health Share of Oregon - Kaiser-Permanente	800-788-2949	003585	70000	KP007
Health Share of Oregon - Legacy /PacificSource	855-228-6229	004336	ADV	RX6156
Health Share—OHSU Health	833-919-1188	600428	07640000	
Health Share – Providence	877-216-3644	600428	07870000	100598
Intercommunity Health Network	855-251-9456	610011	IRX	SAMCAID
Jackson Care Connect	866-843-5126	610011	IRX	CORMCAID
Moda Health (COFA Dental and Veteran Dental members with OHP Dental benefits)	800-913-4284	610602	NVT	COFAV
PacificSource Community Solutions	855-228-6229	004336	ADV	RX6156
Trillium – Lane County	833-913-1004	004336	MCAIDADV	RX5461
Trillium – Tri County	833-913-1004	004336	MCAIDADV	RX5481
Umpqua Health Alliance	800-788-2949	003585	38920	38920
Yamhill Community Care	877-216-3644	600428	07870000	YCCOPHTK

Need help?

Prescriber and pharmacy help with FFS prescriptions

Oregon Pharmacy Call Center

888-202-2126 phone • 888-346-0178 fax

- · Coordination of benefits
- Drug prior authorizations
- Technical questions: POS/ProDUR

Medicare Part D prescriptions

877-585-0007 or mma.referrals@dhsoha.state.or.us

Change member's lock-in pharmacy

OHP Client Services - 800-273-0557

Find prescriber National Provider Identifiers (NPIs)

Look up NPIs at https://nppes.cms.hhs.gov.

FFS claim inquiries, reconsiderations, PIN and password resets

800-336-6016 (Option 5)

- Paper billing and timely filing, adjustments, and RAs
- Resets for AVR at 866-692-3864 and MMIS Provider Portal at https://www.or-medicaid.gov.

Update your NPI or taxonomy code(s)

800-336-6016 (Option 6)

provider.enrollment@dhsoha.state.or.us

835/Electronic Remittance Advice

dhs.edisupport@dhsoha.state.or.us

Remittance Advice (RA) information

www.oregon.gov/OHA/HSD/OHP/Pages/Remittance-Advice.aspx

Actual Average Acquisition Cost Rates

800-591-1183 phone • 317-571-8481 fax • pharmacy@mslc.com

- Rate and pricing file updates
- Rate reimbursement reviews



